

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese or Ham & Cheese on a WG Croissant Lyonnaise Potatoes Apple Eclair	3 Cultural Orange Chicken Asian Brown Rice Stir Fry Broccoli Pineapples Fortune Cookie	4 Celebration WG Mini Cheese Ravioli w/Marinara Sauce WG Garlic Knot Italian Roasted Vegetables Orange Cannoli	5 Week Chipotle Seasoned Beef or Chicken WG Burrito Shredded Cheese Pico De Gallo Lime & Cilantro Brown Rice Black Bean Corn Salsa Lettuce & Tomato Banana Churro	6 WG Gill's Cheese or BBQ Chicken Pizza Greek Salad Apple Slices
9 <u>National Meatball Day</u> Meatballs w/Sauce on a WG Roll Spicy Spiral Fries Applesauce	10 <u>National Noodle Month</u> WG Popcorn Chicken WG Garlic Noodles Fresh Broccoli Garlic Bread Strawberries	11 <u>Early Release</u> WG Pizza Crunchers Baby Carrots Fresh Fruit <u>Middle</u> Turkey & Cheese on a WG Roll or WG Bagel w/Cheese Stick RF Chips Baby Carrots Fresh Fruit	12 Rotisserie Chicken or Breaded Chicken WG Biscuit Whipped Potato Green Beans Apple Crisp	13 WG Gill's Cheese or Pepperoni Pizza Tossed Salad 3 Bean Salad Pears Ice Cream HS – WG Cookie
16 LS WG Mozzarella Sticks w/Marinara Sauce WG Garlic Knot Green Beans Peaches	17 <u>St. Patrick's Day</u> WG Chicken Nuggets WW Roll Whipped Potato Golden Corn 100% Frozen Juice Cup	18 BBQ Buffalo or Plain Chicken Wings WG Biscuit Baby Carrots & Celery Sticks Apple Slices	19 WG Cheese or Chicken Quesadilla w/Lettuce, Tomato, Salsa Brown Rice Refried Beans Orange Wedges	20 WG Gill's Cheese or Buffalo Chicken Pizza Tossed Salad w/Spinach Mixed Fruit

March 2026

23 WG French Toast Sticks w/Syrup Sausage Hash Brown Patty 100% Juice	24 WG Chicken Tenders on a WG Roll w/Lettuce & Tomato RF Chips Baby Carrots Strawberries	25 HS Local Baked Fish WG Biscuit Rice Pilaf Spinach Orange Wedges MS WG Fish Sticks WW Roll Tater Tots Orange Wedges	26 Ultimate Nachos w/Meat, Cheese Sauce, Lettuce, Tomato Black Bean Corn Salsa Brown Rice Pineapples	27 WG Gill's Cheese or WG BBQ Chicken Pizza Baby Carrots Fresh Apple	Available Daily: Assorted Low fat and nonfat milk Assorted Fresh Fruit Assorted Juice Side Salad Baby Carrots Food Service is in need of Substitutes If interested please call Mary Palen 978-694-6064 *Menu subject to change
30 Farm Fresh Hamburger, Cheeseburger or Veggie Burger on a WG Roll Oven Fries Peaches	31 WG Pasta w/Meatballs & Sauce WG Garlic Knot Sweet Peas Strawberries				

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Pancakes w/Syrup Sausage Hash Brown Patty 100% Juice	3 National Hot Dog or Veggie Dog on a WG Roll Baked Beans Tater Tots Applesauce	4 Breakfast Toasted Cheese on WW Bread (N&W – w/LS) LF Chicken Noodle Soup) Oven Fries Pears	5 Week WG Mini Ravioli w/Marinara Sauce WG Garlic Knot Broccoli Orange Smiles	6 WG Stuffed Crust Pizza N&W – WG Gill's Cheese or Pepperoni Pizza Caesar Salad Apple Slices WG Cookie
9 National Meatball Day Meatballs w/Sauce on a WG Roll Smile Fries Applesauce	10 National Noodle Month WG Popcorn Chicken WG Garlic Noodles Fresh Broccoli Garlic Bread Strawberries	11 Early Release WG Pizza Crunchers Baby Carrots Fresh Fruit	12 Hard or Soft Taco Seasoned Meat, Shredded Cheese, Lettuce, Tomato, Salsa Brown Rice Refried Beans Pineapples	13 WG Pizza Slice N&W – WG Gill's Cheese or Pepperoni Pizza Tossed Salad Pears Ice Cream
16 LS WG Mozzarella Sticks w/Marinara Sauce WG Garlic Knot Green Beans Peaches	17 St. Patrick's Day WG Chicken Nuggets WW Roll Whipped Potato Golden Corn 100% Frozen Juice Cup	18 WG French Toast Sticks w/Syrup Sausage Hash Brown Patty 100% Juice	19 Early Release WG Wild Mike Cheezy Bites Celery Sticks Fresh Fruit	20 WG French Bread Pizza N&W – WG Gill's Cheese or Pepperoni Pizza Tossed Salad w/Spinach 3 Bean Salad Mixed Fruit

All Meals are Free and come with LF Milk

Alternate:
WG Bagel w/ Cream Cheese
Cheese Stick
Veggie & Fruit
Or

Turkey & Cheese on a WG Roll
M&W – WG Pizza Slice

Available Daily:
Assorted Low fat and non fat milk
Assorted Fresh Fruit
Assorted Juice

March 2026

23 WG French Toast Sticks w/Syrup Sausage Hash Brown Patty 100% Juice	24 WG Chicken Tenders WG Roll Whipped Potato Mixed Vegetable Mixed Fruit	25 WG Local Fish Sticks WG Dinner Roll Tater Tots Oranges	26 Ultimate Nachos w/Meat, Cheese Sauce, Lettuce, Tomato Refried Beans Brown Rice Pineapples WG Cookie	27 WG Pizza Slice N&W – WG Gill's Cheese or Pepperoni Pizza Baby Carrots Fresh Apple
30 Hamburger, Cheeseburger or Veggie Burger on a WG Roll Oven Fries Peaches	31 WG Pasta w/Meatballs & Sauce WG Garlic Knot Sweet Peas Strawberries			

Food Service is in
need of Substitutes

If interested please
call Mary Palen
978-694-6064

***Menu subject to
change**

USDA is an equal opportunity provider

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Poptart WG Graham Crackers 100% Juice Applesauce PreK WG Graham Crackers 100% Juice Applesauce	3 WG Bagel w/Cream Cheese 100% Juice Craisins PreK WG Bagel w/Cream Cheese 100% Juice Fruit Cup	4 WG Chocolate Chip Muffin WG Graham Crackers 100% Juice Fruit Cup	5 WG Cereal WG Graham Crackers 100% Juice Fresh Fruit	6 WG Crumb Cake 100% Juice Strawberries PreK WG Crumb Cake WG Graham Crackers 100% Juice Strawberries
9 WG Cereal WG Graham Crackers 100% Juice Fruit Cup	10 WG Zee Zee Bar 100% Juice Strawberries PreK WG Zee Zee Bar WG Graham Crackers 100% Juice Strawberries	11 WG Croissant w/Cream Cheese 100% Juice Fresh Fruit	12 WG Banana Bread 100% Juice Applesauce	13 WG Dunkin Stick 100% Juice Apple Slices PreK WG Graham Crackers 100% Juice Applesauce
16 WG Cereal Bar WG Graham Crackers 100% Juice Apple Slices PreK WG Cereal Bar WG Graham Crackers 100% Juice Applesauce	17 WG Croissant W/Cream Cheese 100% Juice Craisins PreK WG Croissant w/Cream Cheese 100% Juice Fresh Fruit	18 WG Cereal WG Graham Crackers 100% Juice Strawberries	19 WG Cinnamon Roll 100% Juice Applesauce PreK WG Graham Crackers 100% Juice Applesauce	20 WG Apple Muffin WG Graham Crackers 100% Juice Fruit Cup

All Meals are
Free and come
with LF Milk

Gluten Free
Breakfast/Snack
is available by
ordering through
the homeroom
teachers in
grades K-5
High School &
Middle School
students can
order in the
morning in the
kitchen.

**Gluten Free
breakfast/snack
are only
available to
students with a
medical note on
file with the
school nurse**

March 2026

23 WG Poptart WG Graham Crackers 100% Juice Apple Slices PreK WG Graham Crackers 100% Juice Applesauce	24 WG Dunkin Stick 100% Juice Fruit Cup PreK WG Dunkin Stick WG Graham Crackers 100% Juice Fruit Cup	25 WG Bagel w/Cream Cheese 100% Juice Applesauce	26 WG Cereal WG Graham Crackers 100% Juice Fresh Fruit	27 WG Banana Bread 100% Juice Strawberries
30 WG Cereal Bar WG Graham Crackers 100% Juice Applesauce PreK WG Graham Crackers 100% Juice Applesauce	31 WG Crumb Cake 100% Juice Apple Slices PreK WG Graham Crackers 100% Juice Fruit Cup			Food Service is in need of Substitutes If interested please call Mary Palen 978-694-6064 *Menu subject to change

USDA is an equal
opportunity provider

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HS/MS GF Toasted Cheese Lyonnaise Potatoes Apple Elem/Kinder GF Cereal Sausage Hash Brown Patty 100% Juice	3 HS/MS GF Chicken Tenders Brown Rice Side Vegetable Pineapples Elem/Kinder Hot Dog GF Roll Baked Beans Tater Tots Applesauce	4 GF Toasted Cheese Side Vegetable Fruit	5 HS/MS GF Chipotle Meat Lime & Cilantro Brown Rice Black Bean Corn Salsa Lettuce & Tomato Banana Elem/Kinder GF Chicken Tenders GF Bread Broccoli Orange	6 GF Pizza Side Salad Apple Slices GF Ice Cream
9 GF Meatballs & Sauce GF Roll Side Salad Applesauce	10 GF Chicken Tenders GF Bread Broccoli Strawberries	11 Early Release GF Pizza Baby Carrots Fresh Fruit MS Turkey on a GF Roll RF Chips Baby Carrots Fresh Fruit	12 HS/MS Rotisserie Chicken GF Bread Whipped Potato Green Beans Fruit Elem/Kinder Hard Taco Taco Meat, Shredded Cheese, Lettuce, Tomato Salsa Brown Rice Refried Beans Pineapples	13 GF Pizza Tossed Salad Pears
16 GF Toasted Cheese Green Beans Peaches	17 GF Chicken Tenders GF Bread Whipped Potato Golden Corn 100% Frozen Juice Cup	18 HS/MS Chicken Wings GF Bread Baby Carrots & Celery Sticks Apple Slices Elem/Kinder GF Cereal Sausage Hash Brown Patty 100% Juice	19 HS/MS GF Chicken Tenders Brown Rice Refried Beans Orange Wedges Elem/Kinder GF Toasted Cheese Celery Sticks Fresh Fruit	20 GF Pizza Tossed Salad w/Spinach Mixed Fruit

All Meals are
Free and come
with LF Milk

Gluten Free
lunches need to
be pre-ordered
the morning of,
through the
homeroom
teachers in
grades K-5
High School &
Middle School
students can
order in the
morning in the
kitchen.

**Gluten Free
lunches are only
available to
students with a
medical note on
file with the
school nurse.**

March 2026

23 GF Cereal Sausage Hash Brown Patty 100% Juice	24 GF Chicken Tenders GF Bread Whipped Potato Carrots Mixed Fruit	25 GF Toasted Cheese Side Vegetable Fruit	26 GF Ultimate Nachos w/Meat, Cheese Sauce, Lettuce, Tomato Black Bean Corn Salsa Brown Rice Pineapples	27 GF Pizza Side Salad Fresh Apple
30 Hamburger on a GF Roll Oven Fries Peaches	31 GF Meatballs & Sauce GF Bread Sweet Peas Strawberries			

Food Service is in
need of Substitutes

If interested please
call Mary Palen
978-694-6064

***Menu subject to
change**

USDA is an equal opportunity provider

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Cereal Cheese Stick 100% Vegetable Juice Applesauce	3 WG Bagel w/Cream Cheese Cheese Stick Cucumbers Fruit Cup	4 WG Chocolate Chip Muffin Yogurt Cheese Stick 100% Vegetable Juice Fruit Cup	5 Turkey & Cheese on a WG Roll Cucumbers Fresh Fruit	6
9 WG Cereal Cheese Stick 100% Vegetable Juice Fruit Cup	10 Ham & Cheese on a WG Croissant Cucumbers Strawberries	11 WG Croissant w/Cream Cheese Cheese Stick 100% Vegetable Juice Fresh Fruit	12 WG Banana Bread Yogurt Cheese Stick Cucumbers Applesauce	13
16 WG Cereal Cheese Stick 100% Vegetable Juice Applesauce	17 WG Croissant w/Cream Cheese Cheese Stick Cucumbers Fresh Fruit	18 Turkey & Cheese on a WG Roll 100% Vegetable Juice Strawberries	19 Ham & Cheese on a WG Croissant Cucumbers Applesauce	20

All Meals are
Free and come
with LF Milk

March 2026

USDA is an equal opportunity provider

**Wilmington Public
Schools**

**Wilmington
Cares Afternoon
Snack**

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	3 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	4 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	5 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	6 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice
9 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	10 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	11 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	12 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	13 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice
16 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	17 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	18 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	19 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	20 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice

All Snacks
are Free and
come with a
choice of LF
Milk or Juice

March 2026

23 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	24 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	25 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	26 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	27 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice
30 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice	31 WG Snack Cheese Stick Assorted Fruit Baby Carrots LF Milk or 100% Juice			

All Snacks are
Free and come
with a choice of
LF Milk or Juice

Food Service is in
need of Substitutes

If interested please
call Mary Palen
978-694-6064

***Menu subject to
change**